

The Office for Gender Equality offers an annual course program. In this way it aims to promote the implementation of equal opportunities for women and men at the University of Bern. The complete course program can be downloaded from our website:
www.gleichstellung.unibe.ch

The Messenger is the Message

Presentation training for female* doctoral students and postdocs

Content

Would you like to achieve your best effect – verbal, para-verbal and nonverbal – during a presentation or conference talk? In this workshop, you learn how to make a good first impression, to connect with and convince your audience, to structure your talk and to explain complex issues in a simple way. Through various exercises and video-feedback, you can work on your body language and presence on stage and you learn techniques to prepare yourself against stage fear.

Goals

The participants

- know how to create a positive personal effect when having a presentation
- are capable of bringing complex issues to the point and have learned how to deliver their key message
- have learned how to be present on stage and how to convince their audience

Trainer: Sibylle Sommerer, Speak GmbH; Dipl. Communicator and Journalist FH, Coach BSO in Supervision and Organisational Consulting

Target group: Female* doctoral students and postdocs

Date/Time: Wed, 28 October 2020; 9.00–17.00h

Location: Universität Bern, UniS, Schanzeneckstrasse 1, 3012 Bern, room A-119

Costs: CHF 100.- for staff of the University of Bern, external participants CHF 150.-

Deadline for registration: 30.09.2020

Please register for the course by email or via our homepage: info@afg.unibe.ch, www.gleichstellung.unibe.ch.

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